

## ABOUT TEETH CLEANING UNDER SEDATION



Teeth Cleaning under Sedation is a preventive dental procedure that involves the thorough cleaning of the teeth to remove plaque, tartar, and stains. Performed by a dental hygienist or dentist, it helps prevent cavities, gum disease, and other oral health issues. Regular prophylaxis—typically recommended every six months—keeps the mouth healthy, freshens breath, and supports overall dental hygiene.

## PROPHYLAXIS (TEETH CLEANING)



A dental prophylaxis or prophy is a cleaning treatment performed to thoroughly clean the teeth and gums. Teeth Cleaning under Sedation is an important dental treatment for stopping the progression of gingivitis.

Done on a regular maintenance schedule, this is an effective procedure in keeping the oral cavity in proper health. The benefits include:

- **Plaque removal.** Tartar (also referred to as calculus) and plaque buildup, both above and below the gum line, can result in serious periodontal problems. Unfortunately, even with a proper home brushing and flossing routine, it can be impossible to remove all debris, bacteria and deposits from gum pockets. The experienced eye of a dentist or hygienist using specialized dental equipment is necessary to catch potentially damaging buildup.
- **A healthier looking smile.** Stained and yellow teeth can dramatically decrease the esthetics of a smile. Prophylaxis is an effective treatment in ridding the teeth of these unsightly stains.
- **Fresher breath.** Bad breath (or halitosis) is generally indicative of advancing periodontal disease. A combination of rotting food particles (possibly below the gum line) and potential gangrene stemming from gum infection, results in bad breath. The routine removal of plaque, calculus and bacteria at our practice can noticeably improve halitosis and reduce infection.

Prophylaxis can be performed at our office. We recommend that prophylaxis be performed twice annually as a preventative measure, but should be completed every 3-4 months for a patient with gum disease. It should be noted that gum disease cannot be completely reversed, but prophylaxis is one of the tools [Dr. Sri](#) uses to effectively halt its progression.